

Wells Parks & Recreation
Fall Soccer 2020 – Following CDC Guidelines

- 8-12 participants per team, 1-2 Coaches
- Group/team will meet 1-2 times a week.
- Each group/team will have their own separate area and equipment; please do not cross areas or share equipment.
- Each participant is encouraged to bring their own water bottle (with their name on it); if you have our own ball, you can bring it (with your name on it). NO sharing of water, snacks, or personal equipment.
- Separate areas will be marked out for participants to put their water bottle and other items. Please make sure your things are not closely placed next to someone else's.
- Shared equipment such as Soccer balls will be wiped down after each use.
- Avoid high fives, handshakes, fist bumps or hugs. Discourage spitting.
- Wait in your car or away from the playing area until just before the warm-up period or the beginning of the game.

Health Screenings

- All participants will check in with Rec staff to be screened for signs/symptoms of COVID-19 prior to joining program each day. Screening includes but is not limited to temperatures checks and questions. Results will be recorded and stored.
- Please stay home if you are feeling sick or have been around someone who is sick.
- Any person with positive symptoms reported will not be allowed to participate.
- Wash or Sanitize hands before starting class & at end of class.

Parents/spectators

- Limit nonessential visitors, spectators, and volunteers; group. Ensure they wear masks and maintain social distancing.
- Parents will either stay in their cars or watch from a safe distance away while maintaining social distance guidelines.

- If spectators sit on field they must wear a mask unless they are able to be 6' or more feet away from others
- Avoid congregating in the parking lot or near the field before or after games.
 - If it is not possible to avoid congregating, practice social distancing by ensuring there is at least 6 feet between participants.
 - If social distancing is not possible, wear a mask whenever possible to reduce risk of virus transmission.

Masks

- Everyone will wear a mask at the Rec. while on the fields; staff, coaches, players, parents/fans.
- Employees will wear a mask for the entire class, when interacting with the public.
- Coaches will wear a mask when working with the team close up or less than 10' away. If able to be more than 10' away can remove mask; please keep with you at all times.
- Participants need to keep 6' social distancing space between themselves and other players in the practice areas, including on the sideline and bench;
- Participants and Coaches will wear masks when social distancing is NOT possible. While in the bench area players and coaches must have a mask on. However players can remove masks while participating in drills or games.

Soccer play

- Use only your feet not your hands on the ball
- No goalies for younger ages. The Rec will not provide goalie gloves or pinnies; no sharing of equipment. Players can bring their own, if they choose.
- No throw in's; free kicks will be taken for all out of bounds situations.
- All players must be more than an arm's length away during free kicks or goal kicks.
- Mouth guards must stay in the mouth. If taken out your mouth; both the mouth guard and hands need to be washed before returning to play.
- No drop balls, instead ref will award a free kick to whichever team had possession of the ball; alternating possession may be used.
- Substitutes will stand on side line socially distant from benches on designated spot.