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July 10, 2023

Dear Coach,

Thank you for volunteering your time to coach Youth Soccer. The Recreation Department appreciates your decision to coach because adult involvement in these programs is extremely important to all the players, their families, and the Rec staff. Volunteers are the backbone of all Wells Parks & Recreation youth sports programs. We are excited to offer soccer this fall; we try our best to offer programs for children that help get them exercise, try new activities, and to interact with friends in a safe environment.

Our first day of Youth Soccer is Opening Skills Day on **Tuesday, August 29**, where players participate in a clinic style practice @ 5:30-6:30pm. On the skills day Rec. coaches will be given a random group of players to work on the drills with. \*Coaches are asked to please to meet at 4:30-5:00pm on Tuesday, August 29 to discuss expectations for the season, match up with other coaches, and go through some drills, skills, and activities you can do at practices.

Important dates after the 8/29/23 Opening Skills Day:

**Teams will be announced by email on Friday, September 1**

**We will not have soccer on Saturday, September 2 due to the Labor Day weekend.**

**Weekday team practices will start on Tuesday, September 5 or Thursday, September 7.**

\*Coaches please choose what day and time you want for practices: Tuesdays or Thursdays any time between 4:30pm to 7:00pm. Also have a few spots on Wednesdays @ 5:45-7:00pm. Please notify me what day and time you choose for your weekly practices; 3 teams can practice at the same time, same day.

**Coaches are asked to arrive at least 15 minutes early for practice to get their team information, field location, meet players, hand out t-shirts, and schedules prior to practice.** Coaches will create their own practice plans; if you need suggestions on drills and activities, I have several. If you would like additional practice time or need to reschedule a practice, please contact me with your suggested time/day and I will see if the field is available.

**Saturday, September 9** will be your first game; games times will be at 9:30 am, 10:30am, or 11:30am; game schedules will be handed out at first practice. On that first game day teams will have 15-20 minutes of warm up practice and then scrimmage the other team for 30 minutes. Coaches can move about the field to help instruct their team during the first game. Please try to not be in the middle of play

or delay the game by taking too long to your kids on the field during running time (take a time out if necessary). For the remainder of the season games will be two 20-minute halves with a 3–5-minute half time; coaches are asked not to walk on the fields while play is happening.

Enclosed you will find a coach's application and a background check. Please fill these out and bring them to the Rec. office before Friday, August 25. Please contact me with what day (Tuesday or Thursday) and what time you want your team practice. If you are interested in any soccer skills or drill information the Rec. has printed material available. Also check out these websites: [www.soccerxpert.com](http://www.soccerxpert.com) ; <https://www.usyouthsoccer.org/coaching-resources/> ; <http://www.saysoccer.org> ; mojo sport (a team app that also has drill info).

If you have any questions, you can email me at [mwallace\\_rec@yahoo.com](mailto:mwallace_rec@yahoo.com) or call or text me at 251-8213.

Again, thank you for your time, I look forward to a great fall soccer season.

Sincerely,  
Marilyn K Wallace  
Assistant Director  
Wells Parks & Recreation

# **Wells Parks & Recreation Youth Soccer**

## **First Aid Procedures**

First Aid kits are provided by the Recreation Dept. in your soccer bags and should be available on the field at all practices and games. Coaches can deal with minor bumps, bruises, and scrapes. The field supervisor should be available for other first aid needs or assistance. For all procedures the coach and field supervisor must fill out an accident report within 48 hours of the incident.

**\*\*Please remember always wear gloves when dealing with Bodily Fluids\*\***

## **Practice And Equipment Procedures**

Practice will be 1 hour to 1 ½ hours on Tuesdays, Wednesdays, or Thursdays; all practices are held at the Wells Rec Softball field. Please arrive early to practice to meet your team. Coaches will be given a bag of balls, cones, pinnies, and a basic first aid kit. If you need anything further, please contact Marilyn or see the field supervisor.

During practices all your team players are your responsibility; please keep them in your practice area. After practice, please collect your equipment and return any other borrowed equipment back to the supervisor. The field supervisor is available to assist you with equipment, first aid, discipline, and drills (if you need).

If you are going to be delayed for practice, please contact the Wells Recreation Dept. at 646-5826 or Marilyn's cell phone 251-8213.

If you are going to hold a team practice on a different night, please make arrangements with Marilyn prior to your practice. There will be evenings Marilyn is not on the field or at the Rec. park. Teams may scrimmage other Rec. teams during practice. However, the Recreation Dept. requests that you limit your scrimmage time for the last half-hour. While games are fun, they still need practice to progress. Information is available on skills, drills, and practice ideas, please ask Marilyn.

## **Cancellation Procedures**

### Games:

Coaches and players will be emailed by the Recreation Dept. concerning cancellations by 8:00am on Saturdays. Coaches are asked to contact all their players to inform them of the cancellation as some team members may not get the information in a timely manner. Games may or may not be made up at the end of the season; depending on days available.

### Practices:

The Recreation Dept. will email parents and coaches, contact the schools to have the practice cancellation notice announced at school, and post it on the Rec. website and Facebook. Rescheduling practice may be tight due to facility restraints. Coaches are also asked to inform the Recreation Dept. of any changes in their practice schedule.

## **Team Shirts**

Team shirts will be passed out on your first day of practice or game. Please make sure all your players get a shirt that fits. Give extras back to the Rec.